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Resources from Lake NEA and more we find that many of our educators who enter the profession have a passion for social justice matters. Our Association - at local, state, and national - levels know this and continues to evolve into a union involved in this work. The NEA's Centre for Social Justice is doing a lot of work in this arena to provide resources for teachers. The NEA CSJ website is found here >> Here's a sampling of what's included on the site: Supporting students impacted by trauma is a trauma Toolkit with resources for educators. Trauma Toolkit >> Native countries recognize is a website with teaching resources. Also found on this site is a map that allows anyone to determine what land we currently have based on our address. Recognition of Native Counties >> View Map >> MESSA News: Deductible Repair Jan 1, 2020 MESSA deductible restored Jan. 1, 2020 and continues through Dec. 31, 2021. Health plan deductibles are similar to the deductible on car and homeowner's insurance. A deductible is a fixed amount of money we have to pay before MESSA starts to pay our claims. MESSA Choices members: will have to pay the cost of medical services except most in-network preventive care, until the deductibles are met. Deductible expenses incurred in October, November and December will count deductible toward 2020. MESSA ABC members: will need to pay the full cost of most in-network services and prescription drug purchases except certain preventive care and preventive prescriptions, which are free. If you have two-person or family coverage, you should have the whole pay deductible before paying claims for any individuals, as required by federal law for an HSA-qualified plan. Unlike MESSA Choices, deductibles from the fourth quarter of the year not transfer to the new year. For complete information on how BPS health insurance rates are calculated and how bargaining impacts insurance, Please see the link below for our FAQs addressing these questions and other MESSA Rates FAQ >> Flu Season is Here-Taking Precautions to stay healthy flu season is against us, and the U.S. Centers for Disease Control and Prevention recommends that everyone get a flu shot 6 months or older each year. For MESSA members and their families, flu shots are covered if they are administered and billed by a payable supplier. Payable providers include in-network healthcare providers, select retail pharmacies and public health departments. If you're a MESSA member and a pharmacy asks you to pay for a flu shot for a flu shot, tell them to bill MESSA for compensation. If you have questions about flu shots or need help finding a payable provider in your area, please call our member service center at 800.336.0013. Many Immunizations Free for MESSA Members MESSA wants to remind you that preventive immunizations are a covert benefit to MESSA members. These common immunizations are covered at no cost to you: flu, pneumococcal (pneumonia), tetanus, diphtheria, pertussis, measles, mumps, and rubella (MMR) and, zoster (shingles). Age restrictions apply to pneumonia, MMR and shingles vaccines. Immunizations must be administered and billed by a payable supplier. The three types of payable providers are: In-network health care provider: Your GP who's in our network. Select retail pharmacies: Many Michigan pharmacies will give you an immunization for free and bill your MESSA health plan. Do not pay the pharmacy in advance for a vaccination. Public health departments: Most public health departments do not participate in our network and will require you to pay for at the time of service. If you paid for your vaccination from a public health department, you can send a copy of the receipt, the name of the MESSA member and your contract number to MESSA for compensation. Call MESSA's member service center at 800.336.0013 with any questions How to use MESSA benefits while traveling outside Michigan Travel outside Michigan this summer? Your MESSA health care coverage travels with you. MESSA participates in the Blue Cross/Blue Shield Global Core program, which provides medical benefits to members when they receive health care from Global Core PPO providers outside their home state. Remember to get itemized receipts and statements from all medical providers, as you may need them for compensation purposes. Domestic travel: If you or a covert dependent receive treatment in an accredited non-Michigan hospital, just show your MESSA/BCBSM card. The hospital's billing office will send the bill directly to MESSA or the local Blue Cross plan. If you receive other type of service performed by an out-of-network physician, the doctor's office will either bill the local Blue Cross plan directly or with an itemized statement or reception. Send to MESSA. International travel: If you need medical services while traveling outside the United States, you are responsible for contacting the Blue Cross Blue Shield Global Core Service Center at 800.810.BLUE (or call collected at 804.673.1177 from outside the country). Free Diabetes Prevention Program for MESSA Members Qualifying MESSA members and their adult dependants now have access to a free weight loss and diabetes prevention program through Omada Health. The program is offered as a covert advantage among all MESSA plans. The Omada program is different from other weight loss programs: there are no set meal plans, no calorie counting and no extreme workouts. Instead, >the program empowers you to make small, sustainable lifestyle changes in the way you eat, sleep and manage stress that can improve your long-term health. Those who qualify for Omada will receive a free smart scale, along with online access to personal health coaches, engaging curriculum, supporting peer groups and more. The program is completely free - with no deductibles or copayments - for MESSA members and adult dependents who have prediabetes or are at risk of developing Type 2 diabetes. To find out if you qualify and to start, visit . The screener takes about one minute to complete. Staples Members Savings Program for School Supplies The MEA is pleased to announce a new program for members designed to save us money. MEA, using the collective power of our union, has accessed a pricing program with Staples that will bring significant discounts for BEA members. The average educator spends more than \$500 a year out of pocket for supplies for their students and classroom or workplaces! I'm sure BEA members are no exception. The MEA partnership with Staples can save members 10%-80%, depending on the item, with an average estimated savings of 30%. At that \$500 average, that could mean an extra \$150 back in your pocket. You can sign up here to start saving - or sign in to our members-only area to www.mea.org/members-only for more information. The program is risk-free and there are no obligations/contracts for you to sign. Register Now! CONTRACT CORNER CONTRACT FAQ- Extra Payments (Prep, Lunch, Evening Events, etc.) Given that we have negotiated numerous forms of extra payment for BEA members, I would like to take this opportunity to update and explain what your contract offers you. Here are some common questions we've been asked: Q: What extra payments for work beyond the contractual day exist in the new BEA-BPS Master Agreement? A: You should be paid extra for the following: Missed lunch (\$28) Missed prep for subbing or required meetings (\$28/\$40) Evening events after two (\$56/event) Overnight or non-overnight field trips to school (\$100 or \$60 Day) Team teaching planning after school or during lunch (\$35/hr.) Tutoring to school (\$35/hr.) Required shift from (\$28/8 hours total) Curriculum work or PD after school - (\$28/hour) Roads PD after school (\$30/hr) Roads Micro credentials (\$90-3 credits) Q: How do I know what form to submit for payment for this job? And Where can I find them? A: Your build secretary must have the correct forms. If not, go to your building BEA Representative. They were provided updated forms. You can also find it in our BEA-HR Payment Forms located under the Member's Data tab. BEA-HR Payment Forms Q: Who Do I Submit the Extra Payment Forms? A: You can submit them to your build secretary or directly to Human Resources at the EAC. Depending on the type of payment, forms will have to be approved by your supervisor, and Susan File, Jennifer Roemer, or Stacey Summerhill. Q: What happens if extra payment is denied? A: First check with your constructed BEA Representative to see if you have followed the correct contractual procedure. Secondly, you may need to work with your build principal or secretary if the building has not signed off. If that doesn't solve the issue, contact HR and the BEA president for contractual explanation and/or for the BEA to address your concern. Q: What if I have more questions about extra payment? A: Contact your building BEA Representative. They've been provided training on dealing with extra payment issues and should be able to help you out. You.

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